

Social Impact Report November 2023

What we're doing & the impact we're creating

In partnership with





Context

DEBRA Australia has been working to build internal capacity to ensure a sustainable organisation to continue our work into the future. In partnership with For-Purpose Evaluations, we have developed DEBRA Australia's Theory of Change model and tools to analyse, evaluate and demonstrate our impact across the EB community.

Building on this work, DEBRA Australia undertook a pilot study in October 2023 which included:

54*x Individual and family member surveys *16% response rate

9x Individual and family member interviews

24x Health practitioner surveys



Purpose

This report seeks to demonstrate DEBRA Australia's impact based on the data collected in the recent pilot study. By presenting this information, we are keen to:

- Identify areas where DEBRA Australia can learn, strengthen, and evolve our impact;
- Outline DEBRA Australia's impact so far to current funders and EB community members;
- Attract new, sustainable funding sources to support our important work.

DEBRA Australia's Theory of Change

The challenge

People with EB live in pain and discomfort, affecting their ability to fully participate in every aspect of life. They and their families live with stress, anxiety and feelings of isolation, which have a negative effect on their quality

Knowledge of EB among health professionals is limited. There is inequity of access to prevention options for families and the best possible care options for people with EB nationally.

There is currently no cure for EB. Further research into the treatment of more serious symptoms of EB is required, in addition to education of Health Care Professionals

Living with EB is costly, and puts financial pressure on people with EB, families, and carers. Due to its rarity, there is a lack of awareness in the community about EB, and limited financial support for people with EB and their

Our Ultimate

Goal

Every person living with EB has access to the same

level of care and support. Families who live with EB

have greater opportunity

fullest. People and families

participate in life to its

There are advances in

to be families that

living with EB are celebrated and included in

What we do

The changes we contribute to

Supporting families and people with EB



supported

Treatment Today





People with EB are

more independent



Quality of life

Advocating for and

funding Clinical Services

Health professionals across Australia have increased knowledge of EB

The healthcare system has increased capacity to treat EB

People with FB have increased access to treatment

Funding research and providing education

Treatment Tomorrow

Growing networks of

amongst researchers and health professionals

Faster translation of research into practice

treatment that mean that there are less people born with EB, and those that live with EB can live a life free of pain.

society.

Raising awareness

Awareness

Increased

Increased fundraising and advocacy for people with EB

to support wellbeing and treatment





Quality of Life

Supporting families and people with EB









Families and individuals are supported

Families and individuals are connected

People with EB are more independent

Quality of life improves

38% of people with EB and their families have been our accessing support for 10 years or more.

82% of people with EB agree that DEBRA Australia has helped them be aware of what support is available.

DEBRA Australia has improved my quality of life through community, education and by providing personalised assistance. It changed my life – I can't stress that enough.

with EB agree that DEBRA Australia has helped them feel more independent. The other 47% were neutral.

69% of agree that
DEBRA Australia has helped their loved ones with EB be more independent.

me to live independently which is something I thought I would never be able to do on my own. Because of their ongoing support I have been able to move out of home and live with my fiancé without the need of my parents' assistance. I am also able to attend more medical appointments without requiring the support of my parents.

- Individual with EB, VIC

63% of people with EB and their families agree that their overall quality of life has been improved with DEBRA Australia's help.

96% of health practitioners surveyed agree that DEBRA Australia improves the overall quality of life of people living with EB.

I work directly with patients with severe EB. DEBRA Australia has been essential to support these families. Rare conditions can be so isolating, DEBRA Australia connects knowledge, people & resources.

94% of family members agree they feel supported by DEBRA Australia 75% strongly agree.

Learning point

While a sense of connection with the EB community is often referenced, only 48% of respondents agree that DEBRA Australia has helped them feel more connected with the wider community; highlighting opportunities to broaden awareness & interaction.

78% of respondents agree that DEBRA Australia has helped them feel more connected with the EB community.







The mum's respite made me feel normal for the first. time since [my child] was born. I found my identity again and this weekend gave me a purpose of life. I have made lifelong connections with EB mums. families and DEBRA Australia that will continue to nurture to be part of our life. "

- Family member, QLD

things has been huge to give me the confidence and my parents to make sure I can live an independent life by myself. DEBRA Australia has provided this support to me and my family. The biggest thing is not feeling alone and that I don't have to do this by myself. The emotional and medical support provided for myself and my parents has enabled me to live a more independent life. ***

The family support side of

- Individual with EB, QLD

Accessing DEBRA Australia supports has definitely made it easier for me to deal with the condition and day to day life. DEBRA Australia helped me source a wheelchair which provided access to the broader community. It enabled me to have independence at school and keep up with my friends. Starting school was very nerve-wracking, but all went well because DEBRA Australia was involved with transitioning, training and education. "

- Individual with EB, VIC







Treatment Today

Advocating for and funding Clinical Services







Health professionals across Australia have increased knowledge of EB The healthcare system has increased capacity to treat EB

People with EB have increased access to treatment

DEBRA Australia has significantly impacted my family by helping us continue to provide beneficial supplements/medications and skin products for our son as well as health care services.

The education provided to health care staff has been a wonderful resource in improving EB knowledge throughout Australia.

92% of health practitioners surveyed agree that they have more knowledge of EB after interacting with DEBRA Australia.

79% of health practitioners agree that DEBRA Australia increases the overall capacity of the healthcare system to treat EB.

75% of health practitioners surveyed agree that DEBRA Australia increases access to treatment for people living with EB.

71% of people with EB agree that they have increased access to treatment because of DEBRA Australia.

DEBRA Australia has been critical link in helping me shape my career path, provide vital connections to other health professionals and clinicians dealing with EB. DEBRA Australia has also helped with my education (attendance to conferences) and supported my research program into EB. Without their support my career path would be in a different area of skin research.

The dressing scheme and being on the NDIS has enabled my day-to-day activities to increase as we don't have to worry about supplies and access which has increased the number of activities as I can go out any day anytime.

When we moved here, DEBRA
Australia helped us get wound
care and set us up with all the
specialists in the EB care unit
[...] and we appreciate having
helpful conversations with DEBRA
Australia too.

DEBRA Australia has assisted our Complex Care patient cohort with education on the various complexities of this condition and has provided community links with service providers.





Treatment Tomorrow

Funding research and providing education







Increased knowledge sharing among researchers & health professionals



Faster translation of research into practices

88% of health practitioners agree that DEBRA Australia helps improve EB knowledge sharing between researchers & professionals.

71% of health practitioners agree that DEBRA Australia contributes to faster translation of EB research into practice.



Thematic analysis



- Supporting local and global collaboration
- · Investing in the next generation of researchers
- Facilitating interactions between researchers, clinicians, patients & families
- **Enhancing international EB networks** through conferences
- · Accelerating novel ideas & initial testing
- · Funding towards essential research & treatment breakthroughs
- Supports EB researcher career entry, establishment & growth

DFBRA Australia has a communication link within Australia, NZ and overseas, providing resources, current research/ education & collaboration.

DEBRA Australia has awarded

22 grants valuing a total of \$642,568 to EB research projects investigating areas including assessment

and diagnostics, treatment therapies, prevention & access to medical support.

- EB Researcher

Le DEBRA Australia's focus on

developing the next generation

of EB scientists, researchers and

research is at world standard.

health professionals will make a big

difference to ensuring Australian EB

DEBRA Australia has enabled me to meet EB clinicians and patients which has been very important for my research and work.

DEBRA Australia is the main. contributor to the progression of knowledge, understanding and treatment of EB in this country. It's highly unlikely that any EB research program in Australia could be sustained without it. ** - EB Researcher



EB researchers identified that DEBRA Australia's seed funding resulted in around

\$4.1 million additional funding towards EB research projects. That's

6.4X the original investment.





Awareness

Raising awareness through fundraising & advocacy







Increased fundraising and advocacy for people with EB



More resources available to support wellbeing & treatment

Media data*

10,880 web sessions

8,693 new visitors

2,241 returning visitors

3,262 Facebook likes

147 new Facebook page likes

1,223 Instagram followers



DEBRA Australia Walk for Wings

\$42,792

Donations & other fundraisers

\$1,084,063

Total income

\$1,126,855

*Based on 2022/23 period





DEBRA Australia has helped us by providing information, dressings, bandages etc. It has helped us become aware of fundraising and all that's happening in EB Community.

Researchers
have produced

29 publications &
59 abstracts or
presentations about
EB research funded
by DEBRA Australia.

DEBRA Australia funded **491** family support grants in 2022/23

The offer of financial support with all things EB helps so much. Knowing that I have all of the creams and socks and shoes or whatever it is, takes a weight off my back when we're already strained in other ways to support our family.

DEBRA Australia provides not only financial support for EB research but also aids in increasing knowledge to all who have a connection with EB impacting the

availability of resources.



EB treatments, socks, electricity bills, physical & mental health costs are expensive. 24% of individuals and family members mentioned financial challenges in the survey (unprompted), highlighting DEBRA Australia's impact through financial support.



